



Saturday, June 2, 2018 ** 7:00am Start Time ** Old Woodlands Park

Register Online at: www.runsignup.com

Come Sweat It Out for those who can't! Hypohidriotic Ectodermal Dysplasia(HED) affects 1 in 17,000 individuals worldwide. Children born with HED are unable to sweat, so playing like other children is challenging. Help raise awareness and financial support for The National Foundation for Ectodermal Dysplasias, a non-profit providing education, research, and services to those with HED.

SATURDAY, JUNE 2, 2018

PARTICIPATION FEES:

6:00 AM Registration/Package Pick Up

5k Run/Walk \$25

7:00 AM 5k Run/Walk

Late Registration \$30

8:00AM FUN RUN

\$10 Registration

8:15 AM Awards Ceremony



Early Packet Pick Up available at Old Woodlands Park on June 1st between 12p-6p

Registration for the 5k Run/Walk includes dry fit t-shirts for pre-registered participants only. No guarantees for t-shirts for registrations made after May 20th. Prizes will be awarded in each age group. Cash prizes for overall male and female winners.

Please visit us on Facebook: Sweat it Out 5k run/walk

Webpage: www.sweatitoutcolumbia.com

Course Certification: SC15010KWL